## **SENIOR CARE BRIEFING**

Important Facts and Research in under 60 seconds

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## Home--A Crucial Factor in Healthcare for Seniors



In recent years, there has been a growing recognition of the importance of delivering healthcare services to seniors in their own homes. This trend is propelled by various factors. Crucially, the home environment offers an unparalleled perspective that is often inaccessible in other care settings...i.e. the home is INVISIBLE to all other care settings. Insights into seniors' home dynamics, their social determinants of health, and their capacity to manage chronic illnesses are invaluable and often challenging to ascertain outside the home.

For seniors, receiving care at home fosters a sense of control over their lives and allows them to remain engaged in their communities, positively impacting their mental and emotional well-being and leading to improved overall health outcomes. Moreover, home-based care enables the development of personalized treatment plans tailored to the specific needs and preferences of each individual, enhancing the effectiveness of care delivery.

Furthermore, delivering healthcare at home can lead to cost savings for both patients and healthcare systems by reducing the need for expensive hospital admissions and clinic visits. This not only lowers overall healthcare expenditures but also helps prevent unnecessary hospital readmissions and complications, ultimately contributing to improved long-term health outcomes and reduced healthcare spending.

Looking ahead, home-based delivery models are poised to play a crucial role in the future of healthcare for seniors, offering advantages such as promoting independence, providing personalized care, and yielding cost savings. As the population continues to age and technology evolves, these models will become increasingly important in ensuring that seniors can age with dignity and receive the support they need in the comfort of their own homes.

Check out our weekly podcast hosted by Brian Harmon, PT, MBA and Jo Alch, RN with Joy Care Management.



A show on all things Senior Care with important topics and guests to help improve the health and quality of life of seniors.

Available on YouTube, Facebook and iTunes.

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Healthcare to inquire about our results and/or how our approach helps meet the needs of your patients and families.