

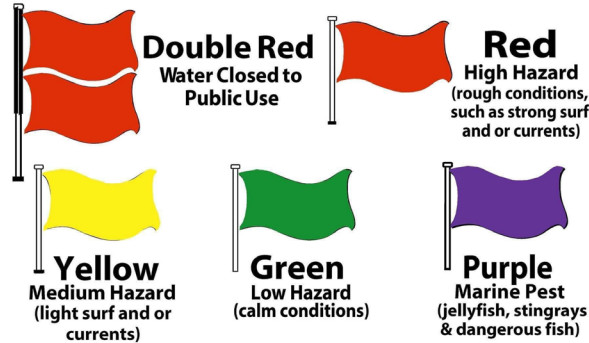
Important Facts and Research in under 60 seconds



Yellow and Red Flags

Growing up in Florida, we're very familiar with the beach 'flag system' that lets us know when it's safe to be in the water on a given day. Riptides (red), stronger than usual currents (yellow) can make for an unhappy day at some of the most beautiful beaches in the world.

BEACH FLAG WARNING SYSTEM



How does this relate to seniors?

A MAJOR stressor for seniors and their families is declining health and mobility. Research shows that once a bad event has happened, a patient's health can go downhill quickly, forming a new and LOWER baseline of health and function that may impact his/her ability to lead the life he/she desires.

A Yellow and Red Flag system can be helpful in identifying moderate and high risk seniors who may need a closer watch, treatment/management modifications, or other ways to help them.

They may even require customized solutions at the home site to assist when these happen in order to prevent future occurrences and decline.

Red Flags High Risk

- 1) Recent fall
- 2) Recent ER visit/hospitalization
- 3) Significant change in demeanor
- 4) Inability to respond normally
- 5) Signs of stroke/seizure

Yellow Flags Moderate Risk

- 1) More difficulty with walking/transfers
- 2) Increased difficulty managing household
- 3) Participating in fewer activities/leaving home less
- 4) New diagnosis/medications
- 5) Increased irritability/confusion

Check out our weekly podcast hosted by Brian Harmon, PT, MBA and Jo Alch, RN with Joy Care Management.



A show on all things Senior Care with important topics and guests to help improve the health and quality of life of seniors.

Available on YouTube, Facebook and iTunes.

Nexus Home Healthcare developed a proactive clinical approach proven to:

- Reduce hospitalizations
- Improve senior health and quality of life
- Reduce medical costs to families and insurance

Contact us to inquire about our results and/or how our approach helps meet the needs of your patients and families.